

Two Years.

It's hard to believe that this May marks two full years since Dr. Chris officially took ownership of this practice. In many ways, it feels like yesterday that we were stepping into something new and exciting (and a little overwhelming). And in other ways, it feels like this community has been part of our lives forever.

Over the last two years, we've celebrated milestones, learned lessons, invested in new technology, grown our team, and worked hard to build a practice that truly reflects our values: integrity, education, service, community, excellence, and teamwork. Through all of it, one thing has remained at the center of everything we do — our patients.

Thank you for trusting us with your care, for supporting our small business, and for allowing us to be part of your lives. We never take that trust for granted. We are incredibly grateful for every patient who has walked through our doors and every person who has supported us along the way. We're excited for what's ahead, and we're honored to continue serving this amazing community for many years to come.



Nichole & Dr. Chris celebrating TWO years!

- Nichole



DR. CHRIS'S CORNER

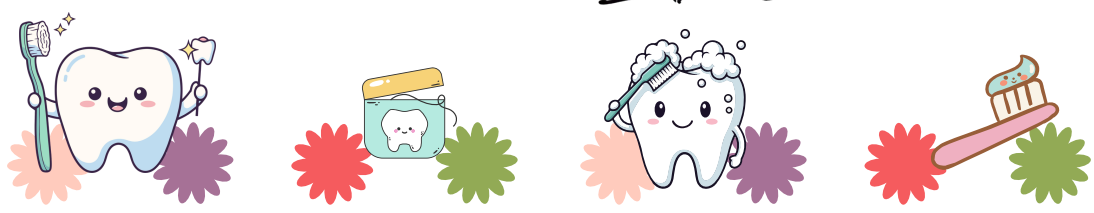
One of the things I've become even more passionate about over the last two years is helping patients understand that dentistry is about **so much more** than teeth.

When someone comes into our office in pain, hiding their smile, or feeling embarrassed about their dental health, it affects every part of life — confidence, comfort, relationships, even overall health. Helping people regain that confidence is one of the most rewarding parts of what I do.

As dentistry continues to evolve, there are more options than ever before to help patients keep their natural teeth healthy and functioning for as long as possible. My philosophy has always been to educate patients thoroughly, give honest recommendations, and create treatment plans that truly fit each individual person.

Thank you for trusting our team. It is a privilege to care for this community, and I'm grateful every day that we get to do this work.

- Dr. Chris



IN THIS ISSUE...

- Two Years in the Practice
- Dr. Chris's Corner: It's About More Than Teeth
- Referral Giveaway
- Staff Spotlight: *Andrew*



Do you know someone who's looking for a new dentist? A referral is the highest compliment we can receive—and we'd be honored to care for your friends and family.

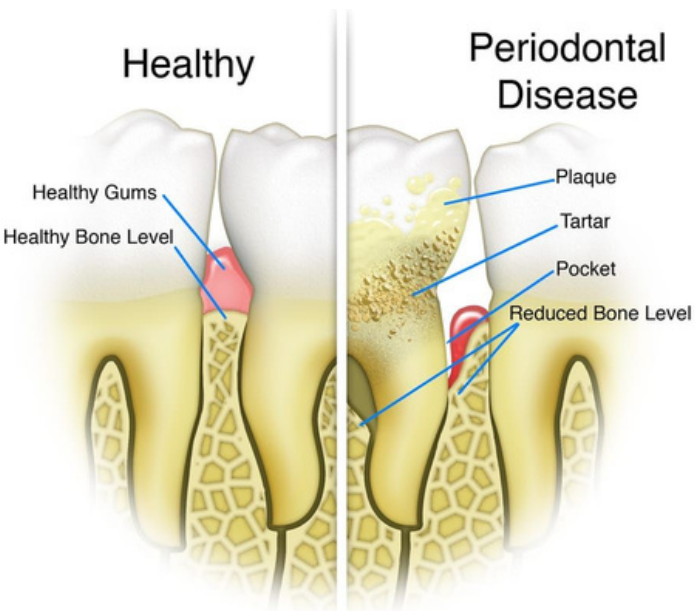
Anyone that refers a new patient to Sandia View Family Dental who books their first appointment during May will be entered to win a \$40 Baskin Robbins Gift Card!!

Just make sure your friend or family member mentions your name when scheduling so we can give you credit!

Why Isn't a "Deep Cleaning" the Same as a Regular Cleaning?

One of the most common questions we hear is: "Why do I suddenly need scaling and root planing instead of my regular cleaning?" And honestly, we understand the frustration.

It can feel unexpected — especially when it involves additional appointments, additional cost, numbness, or treatment you weren't anticipating. Many patients assume it's simply a more expensive version of a regular cleaning. But **scaling and root planing** is actually a different procedure entirely because it treats active Periodontal Disease (gum disease).



A regular cleaning is designed to maintain healthy gums and remove buildup above the gumline. But when bacteria, plaque, and tartar collect below the gums, they can cause inflammation, infection, bone loss, and damage to the structures supporting your teeth. This process often happens silently and painlessly, which is why many people are surprised when they're diagnosed.

Scaling and root planing (often called a "deep cleaning" or "SRP"), is a non-surgical treatment used to remove bacteria, tartar, and infected buildup from deep below the gumline and smooth the root surfaces to help the gums heal and reattach properly. Because it is more involved and performed under the gums, it often requires additional time and localized anesthesia for patient comfort.

Without treatment, gum disease can continue to progress silently over time. Many patients don't even realize they have it because it's

often painless in the early stages. The good news is that early treatment can help stop the progression of Periodontal Disease and protect your long-term oral health. If you ever have questions about why treatment is recommended, our team is always happy to walk you through your diagnosis and help you understand your options.



Meet the Christensen Family

Aaron, Matthew, Andrew, Nichole & Chris

We've officially spotlighted every member of our amazing team, so this month we thought it would be fun to introduce someone from our family instead!

Meet Andrew — our 10-year-old adventurer who is about to finish 4th grade! Andrew is endlessly curious and loves understanding how things work. He can spend hours building with LEGOs, studying airplanes, designing creations in Minecraft, or asking thoughtful questions about mechanics and engineering. If it can be taken apart, analyzed, improved, or built, Andrew is interested in it.

When he's not busy creating or gaming, you can usually find him swimming, playing outside, fishing with his dad, or heading off on a new adventure. He has spent most of his life here in New Mexico and truly has the sweetest heart.

And in case any of our patients need to hear it — even Dr. Chris's own son doesn't exactly love going to the dentist! We think that makes him pretty relatable.

We love getting to share pieces of our family with all of you. Thanks for being part of ours!

