

## Rooted in Community

I love words, and as someone with a Master’s in English, the word “rooted” speaks deeply to my heart. To be rooted is to be unwavering and firmly established. For me, one of the most fulfilling aspects of owning a private practice in our own city is the ability to grow alongside our neighbors.

I believe a practice is only as strong as the community it serves. Just as we prioritize supporting one another within our office walls, we are committed to being enmeshed in the vibrant community outside them. Supporting our local ecosystem—from the arts and schools to fellow small businesses—is more than a "nice thing to do"; it is what molds a location into a home. When we shop local or attend a high school theatre production, we invest in the very people who trust us with their smiles.

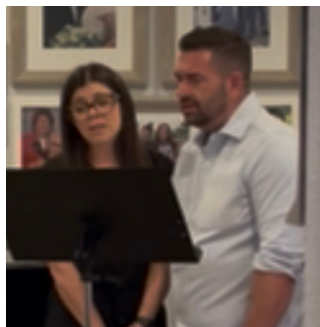
We don’t just work here; we live and play here, too. This month, I encourage you to support a local creator—it is these connections that make us proud to call this community home. If you’re looking for a way to support, you can attend Rio Rancho High School’s production of Singin’ in the Rain this weekend! Ticket information → and if you’d like to see our son, Aaron, as Don Lockwood come to the matinee!

- Nichole



### DR. CHRIS’S CORNER

I’ve always believed that our work at Sandia View Family Dental goes far beyond treating teeth—we are treating people. In this office, we do our best to ensure that every person who walks through our doors feels truly seen and heard. For many, a visit to the dentist can feel vulnerable. That is why we cultivate a space of zero judgment, where we meet you exactly where you are in your health journey.



I was reminded of that feeling of vulnerability in a very personal way last night. Two years ago, I decided to step outside my comfort zone and start taking voice lessons. Singing is not something that comes naturally to me; it is a skill I’ve had to work at, spending many hours learning how to find and use my voice.

Last night was our voice recital. Standing next to my sweet wife as we sang together was a lesson in being seen. It was a lesson in being seen. It was uncomfortable, it was beautiful, and it was a reminder that growth often requires us to be brave in front of others. Whether it’s performing a song or sitting in a dental chair, there is a unique kind of courage in allowing yourself to be a work in progress. I want you to know that when you are here, you are in a safe place to be exactly who you are. We aren’t just looking at a clinical chart; we are seeing the person behind it.

- Dr. Chris



Seniors and Students: \$8.00  
Adults: \$10.00  
RRPS Staff and Students: FREE  
Matinee Tickets: \$5.00



Tickets available at Cur8.com

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# The Connection Between Confidence and Care

On page 1, Dr. Chris shared his journey of learning to use his voice through singing. It's a reminder that our mouths are more than just a place for teeth—they are how we communicate, how we express joy, and how we project ourselves to the world.

When someone is self-conscious about missing teeth, discomfort, or the appearance of their smile, they often “lose their voice.” They might cover their mouth when they laugh or hold back from speaking up in a crowd. We love helping our patients reclaim that lost confidence.

## You Have Options

If you've been hesitant to smile, we want you to know there are many paths to restoration, and we are here to help you navigate them without judgment.



**Dental Implants:** The gold standard for replacing missing teeth. They look, feel, and function just like natural teeth, providing a permanent foundation for your smile.

**Restorative Care:** From crowns to bridges, we focus on preserving your natural teeth while ensuring your bite is healthy and strong.



**Smile Makeovers:** This is a customized plan—which can include whitening, bonding, or veneers—designed to address the specific aesthetic goals that matter most to you.

If you're ready to find your smile again, let's talk about which option is right for your life and your goals.



APRIL REFERRAL  
GIVEAWAY



\$50



Premier Cinemas  
Rio Rancho Gift Card

Do you know someone who's looking for a new dentist? A referral is the highest compliment we can receive—and we'd be honored to care for your friends and family.

Anyone who refers a new patient to Sandia View Family Dental who books their first appointment during April will be entered to win a \$50 Premier Cinemas Rio Rancho Gift Card!!

Just make sure your friend or family member mentions your name when scheduling so we can give you credit. Thank you for trusting us with the people who matter most to you—it truly means the world to us.



## Staff Spotlight:

*Ciera Bobadilla, Dental Assistant*

Ciera joins our team with 11 years of experience and a deep-seated passion for patient care. Though she was born in Colorado and raised in Flagstaff, Arizona, Ciera has spent the last nine years making New

Mexico her home.

In the clinic, Ciera specializes in making the dental chair a place of ease. Her favorite part of the day is building lasting relationships with her patients and ensuring they feel calm, comfortable, and confident during every visit. For Ciera, the ultimate reward is seeing a patient's "transformation smile" at the end of their treatment journey.

Outside of work, Ciera is an outdoor enthusiast who loves hitting the hiking trails. She is also a talented cook who treasures quality time with her two children, Adiana and Angel.