



## A Holiday Wish from Nichole...

There are many things that Dr. Chris and I love about our dental practice, but the relationships we build – with our patients, our team, and the community around us – are at the very top of that list. Thank you for being part of that.

This season, I wanted to share a short excerpt from our personal Christmas letter that we sent to family and friends. I hope you'll indulge me the opportunity to share it with you as well.

*As we look back on this year, our hearts are full of gratitude—not because it was easy, but because God met us in every hard and holy moment. There were days that stretched us thin, moments that brought us to our knees, and seasons that asked more of us than we felt we had to give. And yet, through it all, we were carried. We have learned again that growth is rarely comfortable, but it is always purposeful. Throughout the year we, found reasons to laugh, have fun, and soak in the moments of joy – because there was so much joy to be found amidst the chaos and struggle. We are deeply thankful for the ways this year shaped us, softened us, and strengthened our faith. As we head into a new year, we do so with hope—trusting that whatever lies ahead, we will not walk it alone. We hope you are finding light in your own journey, even in the places that feel heavy. All our love to you this Christmas season.*

*“The Lord will fight for you; you need only to be still.”*

— Exodus 14:14 (NIV)



### DR. CHRIS'S CORNER

**WE LIBERATE.** If you've been in our office on a Monday over the last few months, you may have noticed our team wearing shirts with those two words. So what does that mean?

For us, “liberate” isn't just a phrase — it's an intention. Every Monday, we begin the week by setting an I Am statement, choosing how we want to show up for our patients, our teammates, and our families. And every Wednesday, we pause to reflect on the ways we were able to help liberate someone — at work or in our personal lives.

For me personally, liberation starts with mindset. I try to be intentional in helping my staff, my patients, and my family break free from thoughts that keep them playing small — fear, uncertainty, or the belief that they don't have good options. In dentistry especially, education and understanding can be incredibly freeing. When people feel informed and supported, they're able to move forward with confidence.

That's what “we liberate” means to me — creating space for clarity, confidence, and growth, one person at a time.

— Dr. Chris Christensen, DMD



HAPPY HOLIDAYS FROM OUR FAMILY TO YOURS!

### IN THIS ISSUE...

- Holiday Message from Nichole
- Dr. Chris's Corner: *We Liberate.*
- A Visit from Santa!
- An update through photos!
- Staff Spotlight: *April*
- Referral Program Update





## Sharing some fun from around the office lately...



SANTA & MRS. CLAUS CAME TO VISIT US!



HOLIDAY SPIRIT WEEK IS UPON US!



WE HAD KDSK RADIO VISIT OUR OFFICE!



WE HAD A FANTASTIC MEDIA DAY WITH OUR STAFF & PATIENT ACTORS!



OUR GIVING TREE

Follow us on our Social Media Accounts for more fun! →



## Staff Spotlight: April Griego, Practice Coordinator



Meet April, a proud northern New Mexico native who brings both experience and heart to our Sandia View Family Dental family. After moving to Albuquerque in 2008, April began her dental assisting career in 2011 and now has over a decade of experience in both clinical and administrative roles. April truly believes in treating patients like family. She's passionate about making sure every patient feels informed, comfortable, and cared for, especially when it comes to understanding insurance, billing, and treatment options. Her knowledge helps patients feel confident in their decisions and supported every step of the way.

Outside the office, April stays busy as a mom of three. She enjoys working out, cooking, and spending quality time with family and friends. April is thrilled to be part of the Sandia View Family Dental team and can't wait to meet you at your next visit!

## Referral Program Update!

This holiday season, we're feeling incredibly grateful. With the help of our patients, we were able to donate to St. Felix Pantry, and with the generosity of our staff, we sponsored four local families with Christmas gifts for moms, kids, and their families. We were truly moved by how our team stepped up and cared for others — it's a reflection of the community we're honored to serve.

Because our focus has been on giving back, we're taking a short pause on our monthly Referral Program drawings during the holidays. We'll be back in January with another fun giveaway, combining all referrals from November, December, and January into one drawing. Thank you for being part of our Sandia View Family Dental family. Your support means more than you know.