



HELLO, SUMMER!



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SANDIA VIEW FAMILY DENTAL

Grateful Hearts & Summer Smiles

What a month it's been! We're still smiling from ear to ear after our incredible Ribbon Cutting Celebration. From the moment our doors opened to welcome friends, neighbors, and families from our amazing community, we felt the love and support in a big way. Thank you for celebrating this milestone with us!

Whether you stopped by for a swag bag, brought your kids for Kona Ice and face painting, or simply came to say hello, your presence meant the world. We're proud to be part of such a warm and welcoming community—and even more excited for what's ahead.

As summer kicks off, we're turning our focus to sunshine, family fun, and of course—healthy smiles.



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DR. CHRIS'S CORNER

WHY SUMMER IS A SMART TIME FOR DENTAL WORK

Hello Sandia View Dental Fam!

As the school year winds down and summer begins, I want to take a moment to thank you all for the outpouring of support during our Ribbon Cutting event. It was truly special to share that day with so many familiar faces and new friends. Your encouragement has meant everything to our team.

Now that summer is here, it's the perfect season to check in on your dental health. With more flexible schedules, fewer school commitments, and (hopefully!) a bit more time to relax, summer presents a great window to take care of those dental visits you may have been putting off.

Whether it's a routine cleaning, starting that crown or implant you've been considering, or getting your kids in before the back-to-school rush, we're here to help make it easy and comfortable. I encourage you to take advantage of the season—and let us help you and your family keep those smiles healthy and confident, all summer long.

Wishing you sunny days and strong teeth,

— Dr. Chris Christensen



Chamber of Commerce President, Jerry Schalow, Nichole, Dr. Chris, & Rio Rancho Mayor Greg Hull at our Ribbon Cutting on May 6, 2025!



New signage on our building!



PATIENT REVIEW ★★★★★

That was probably the easiest most informative and the best dentist visit I've ever had. From the moment I got there his assistant made me feel right at home. Definitely a judgment free zone and every one of the staff genuinely cares about their patients. Dr Christensen and his staff are second to none. Even after my appointment was over and we were discussing things Dr Christensen came in and helped me with questions and an alternative plan of action. Ms Ashley is helping me with the financing and the insurance and giving me help towards trying to figure out what's best for me. If I could give them a million stars I would!!!! Thank you!!! - L.O.



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FAMILY DENTAL



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Healthy Habits for a Tooth-Friendly Summer



1. Hydration is Key. Between outdoor adventures and rising temps, it's easy to get dehydrated. Drinking water helps rinse away sugars and acids and keeps your mouth clean and your enamel strong. Pro tip: Choose water over sports drinks—they're often packed with sugar!

2. Smart Summer Snacks Fresh fruits like apples and strawberries are great on-the-go options that naturally help clean your teeth. Cheese, yogurt, and crunchy veggies are also smile-friendly. Try to limit frequent snacking on sticky sweets or sugary treats that can lead to decay.

3. Don't Skip Brushing (Even on Vacation!) It's tempting to let routines slide during travel, but keep that toothbrush close! Brushing twice a day and flossing once a day is still the rule—even at the beach.

4. Sun's Out, Mouthguards In! If your kids are playing sports or you're heading into a high-activity summer, consider a custom mouthguard to protect those pearly whites.

5. Book Before Back-to-School Summer appointments tend to fill quickly, especially for families. If your child is due for a check-up or cleaning, call soon to reserve your spot before the busy school season returns.

Let's keep your smile bright and healthy all summer long—schedule your visit today and let us take care of the rest!

Staff Spotlight: *Candyce Chosa, Front Office & Dental Assistant*



Born and raised right here in Albuquerque, Candyce has been making patients smile for over 13 years as a dental assistant. A proud graduate of Matrix Dental Assisting School, she joined the field in 2012 and has been passionate about helping patients feel comfortable and cared for ever since.

What makes Candyce especially valuable to our team is her versatility—she's cross-trained to support both the front office and clinical care. Whether she's assisting Dr. Chris chairside or jumping in to help with scheduling and patient coordination, Candyce is always ready to lend a hand wherever she's needed.

Outside the office, Candyce stays busy with her husband and two daughters, ages 15 and 5. She's a dedicated foodie who loves cooking, baking, and exploring new flavors. You'll often find her at a country concert, cheering on a football or softball game, or simply enjoying time with her family.

We're so grateful for Candyce's warm heart, flexibility, and dedication—she's truly an essential part of the Sandia View Family Dental team!

WIN TICKETS to a NM United Home Game!

Do you know someone who's looking for a new dentist? A referral is the highest compliment we can receive—and we'd be honored to care for your friends and family.

This summer, when you refer a new patient to Sandia View Family Dental, you'll be entered to win TWO tickets to a New Mexico United home game of your choice!

To enter, have your referral mention your name when they schedule their first appointment. That's it! Thank you for trusting us with the people who matter most to you. Let's kick off summer with healthy teeth and hometown team spirit!

