

## Happy October from Wondra Dental Care!

The weather is getting cooler and the leaves are starting to change. Pretty soon driving on Paseo Del Norte is going to be an Autumn feast for our eyes! We hope this newsletter finds you well. We have some exciting things to share with you this month!



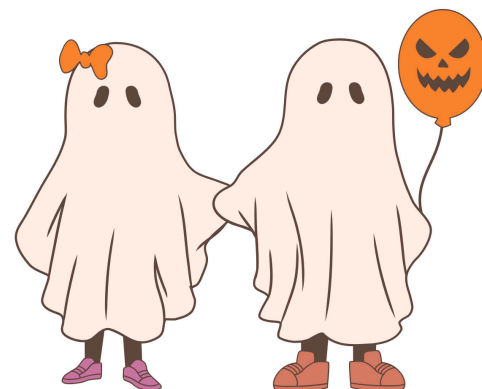
### Staff Spotlight: *Dr. Chris*

Dr. Chris grew up in the Central San Joaquin Valley of California. He spent 2 years in Atlanta Georgia serving a church mission, and then attended Northern Arizona University in Flagstaff, AZ before heading to Temple University in Philadelphia, PA for dental school. He & his sweetheart, Nichole, have 3

boys and a sweet little dog named Lily. Chris loves spending time in the great outdoors, exploring New Mexico with his family. He enjoys playing golf, fishing, and having fun.

#### **Some fun facts about Dr. Chris...**

- He is an Eagle Scout!
- He once had 5 stitches in his thumb with a sewing needle & fishing line while camping!
- He worked at In-n-Out before becoming a dental assistant in a pediatric office while applying to dental school.



*Save the Date*

**OCTOBER 29, 2024  
4:30-6:00 PM**

Our office will be having a Halloween Open House! Come take a fun Halloween photo in costume with your family, vote for your favorite pumpkin, and trick-or-treat around our office! We'll send more info out soon. We can't wait to see you!



## Don't forget to use your dental benefits!

Most insurance benefits expire at the end of the calendar year. Give us a call to schedule your next cleaning & check-up before it's too late!

# Spooky Good Oral Health: October is National Dental Hygiene Month



October is National Dental Hygiene Month, a perfect time to remind ourselves of the importance of good oral hygiene and to recognize the incredible work our dental hygienists do every day. Our amazing hygienists, Alana, Erica, Gina, and Alexis, are dedicated to keeping your smile healthy and bright with their expert care, gentle touch, and personalized attention. From thorough cleanings to helpful

tips on brushing and flossing, they are an essential part of our team. This month, we celebrate their hard work and remind you to follow the “Daily 4” of brushing, flossing, rinsing, and chewing sugar-free gum.

Our amazing hygienists go above and beyond to make our patients' dental visits comfortable and effective! Your smile is in great hands with them!



## Did you know...

No two people have the same teeth—not even identical twins! Your teeth are as unique as your fingerprints. The shape, size, and alignment of your teeth are distinct to you, which is why dental records are often used for identification purposes.



**Do you have family or friends looking for a great dental office?** We'd love to welcome them to our practice! Your referrals are the highest compliment we can receive, and they mean the world to us. If you know someone who could benefit from personalized, high-quality dental care, send them our way! As a thank you, you'll be entered into a **quarterly drawing for a prize retailed between \$100-\$300!** Thank you for trusting us with your smile and for sharing the love with your friends and family!

