



Springtime is just around the corner!

Spring is a time for fresh starts, and we've been busy refreshing our office with new paint, updated décor, and a bright new energy! With our recent rebrand, we're embracing this exciting transformation, and on April 1st, our new name becomes official! We love the fresh, welcoming feel of our space and can't wait for you to experience it at your next visit. Thank you for being part of this journey with us—we're just getting started!

UPDATE

New Business Hours

We're making a small adjustment to our schedule! Starting April 1st, our office hours will be 7:30 AM – 3:00 PM, Monday through Thursday, and we will no longer be closing for lunch. While our hours are shifting slightly, our commitment to providing excellent care remains the same. We appreciate you being part of our dental family and look forward to seeing you at your next visit! 😊

Coming soon: our brand new website, email, & social media name changes! We are excited to share them with you!



SANDIA VIEW
FAMILY DENTAL

Coming Soon!

APRIL 1ST

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Staff Spotlight: *Angelina Gallegos, Front Office*



Angelina has been in the dental world since 2005, when she earned her Dental Assisting certification from Pima Medical Institute. She loves helping patients and making them feel welcome! She is one of the first faces you see when you arrive at our office, and her warm smile will make you feel right at home. When she's not at the office, she's busy cheering on her two sons in football and track. She also enjoys cooking, arts and crafts, and spending time outdoors with her family—

whether it's camping, fishing, or off-roading. We're so lucky to have Angelina as part of our Dental Team!



PATIENT REVIEW



This is a beautiful place with friendly faces, I believe Heather was the sweet girl that tended to me, got X-rays & scans done. She was patient & made me feel comfortable. I was given in detail what I needed & the costs as well. I am definitely considering coming back for work. - C

The Link Between Oral Health & Overall Wellness



Did you know that your **oral health is connected to your overall well-being**? Your mouth is the gateway to your body, and taking care of your teeth and gums can have a big impact on your heart health, immune system, and even mental well-being.

Studies have shown that **gum disease is linked to conditions like heart disease, diabetes, and even Alzheimer's**. Inflammation and bacteria in the mouth can enter the bloodstream, affecting other parts of the body. That's why **regular dental checkups, daily brushing and flossing, and a healthy diet are essential**—not just for a great smile, but for your total body health.



Taking care of your smile isn't just about looking good—it's about **feeling good, staying healthy, and living your best life!** If it's been a while since your last visit, we'd love to see you and help keep your smile (and your body) in top shape. Give us a call to schedule your appointment today!

March
Giveaway!

ONE WEEK ONLY!



SANDIA VIEW
FAMILY DENTAL

A BOLD NEW LOOK & A SHOWSTOPPING GIVEAWAY!

We are giving away TWO tickets to Six The Musical at Popejoy Hall on **Friday, March 21st** at 7:30pm.



How to Enter
the Giveaway!

Entering is easy! Head over to our Facebook or Instagram page (@WondraDental) and find our giveaway post (pinned to the top!) To enter:

- LIKE the post AND
- FOLLOW our page AND
- TAG a friend who would love to see SIX The Musical with you!
- Bonus Entry: Comment your favorite thing about our office or our recent rebrand!

The winner will be announced on **March 13th**, so don't miss your chance! Visit our Facebook page now to enter!

