



Happy New Year from the whole team at Wondra Dental Care!

It's 2025, and we're thrilled about all the exciting things happening around our office! Over the weekend, we took new staff photos, so keep an eye out for them on our office walls in the coming months.

We also have a significant change on the horizon—a new name and a fresh look for our practice. When Dr. Chris purchased the practice, Dr. Wondra requested that we transition away from using his last name. This change is currently in progress, and you'll start seeing updates in the next few months.

To celebrate, we'll be hosting a ribbon-cutting ceremony with the Rio Rancho Regional Chamber of Commerce, along with a few other exciting events. Stay tuned for more details!



WONDRA DENTAL TEAM
JANUARY 2025

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Staff Spotlight: *Dominique Montoya*



Meet Dominique, our amazing scheduler and front office superstar! Dominique grew up right here in Rio Rancho, NM, and graduated from Cleveland High School in 2017. She has been in the dental industry for six years and graduated from the New Mexico Institute of Dental Assisting in 2018.

Dominique is a proud mom to two wonderful boys, Giovanni (5) and Isaiah (3). In her free time she enjoys interior design, playing Pickle Ball, and golfing. She was on the dance team, softball team, and golf team in high school. Dominique is incredibly creative and she brings so much fun to our office. We're thrilled to have Dominique's vibrant energy and expertise on our team!

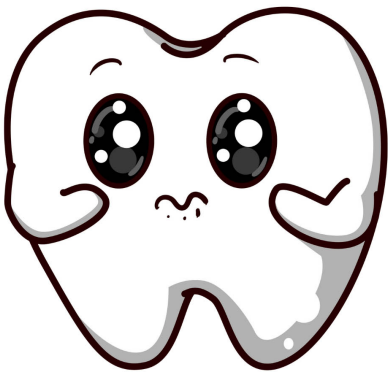


PATIENT REVIEW



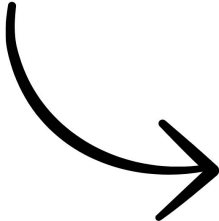
Dr. Chris is my favorite! He makes me feel safe, and never rushed. He treats me like I am his only patient. Quality work, lovely conversation. And, his assistant Gabby is wonderful, and lovely to interact with. What a fantastic team! - V.P.

Understanding & Overcoming Dental Anxiety



Dental anxiety is a common experience that affects many people, often stemming from past negative experiences, fear of pain, or even a general unease about the unknown. Sometimes it's sensory related: smells, sounds, taste... Understanding why this anxiety exists is the first step toward overcoming it. At our practice, we strive to create a welcoming and supportive environment to help alleviate these fears. By using gentle techniques, clear communication, and modern technology, we ensure that each visit is as comfortable as possible. We're here to listen and support you, so you can feel confident and relaxed during your dental care journey. Dr. Chris knows that dental anxiety is a real concern for many and it prevents them from getting the care that they need for their physical health. Watch this video of him share his thoughts on dental anxiety and how he can help you overcome that in our office!

click here!



NEW: January & February Referral Program Special

We're excited to announce our Referral Special for January and February! Share the love and refer your family and friends to our office. When they schedule their first appointment as a new patient, you'll receive a \$5 Starbucks gift card as a token of our appreciation.

- It's simple:
1. Tell your friends and family about us.
 2. They schedule their first visit.
 3. You enjoy a coffee on us!

There's no limit to how many gift cards you can earn, so start referring today and enjoy your favorite Starbucks treat on us!



And don't forget about our quarterly referral contest! It ends this month!