



Our Story: Why This Practice Means So Much to Us

What many of our patients may not know is that this practice represents a big leap of faith for our family. We hope you'll indulge us in a personal story this month.

In late 2023, Dr. Chris made the decision to step away from his partnership at Comfort Dental to pursue his dream of private practice. At the time, we didn't know what the next step would be—only that a change was necessary. After a few discouraging months of searching, something unexpected happened: a familiar building caught our attention.

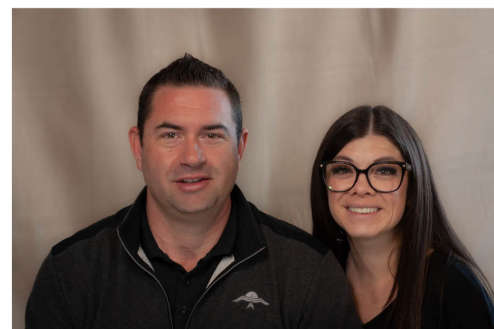
We had often joked about the idea of working at Wondra Dental Care because of its convenient location and welcoming vibe. Then one day, a broker reached out about a listing in Rio Rancho—and it turned out to be that very office.

From our first meeting with the Wondras, it felt like the right fit. It wasn't an easy road—there were delays and doubts and months of waiting—but everything came together just in time, and Dr. Chris saw his first patient here on May 6, 2024.

That's why our May 6, 2025 ribbon cutting is so special to us. It marks not just a year in this office, but a year of growth, faith, and deep gratitude. Thank you for being part of our journey—we're so honored to care for this community.



After months of waiting, hoping, and trusting the process—this photo taken by Nichole captured the moment our dream began to take shape.



Dr. Chris & Nichole Christensen

IN THIS ISSUE...

- A look into Dr. Chris's journey with Wondra Dental
- Ribbon Cutting Details
- Patient Review
- Fluoride Facts
- Staff Spotlight: Alana!



PATIENT REVIEW



Great team! You never feel rushed, they take their time to explain everything going on. Dr. Chris and his team are the best!

- H.W.

**save
THE DATE!!!**

SANDIA VIEW FAMILY DENTAL

RIBBON CUTTING & RECEPTION!

6 May 2025

3:00-6:00pm

**SANDIA VIEW
FAMILY DENTAL**

Join Us for Our Ribbon Cutting Celebration!

Tuesday, May 6th

Ribbon Cutting Ceremony: 3:00 PM

Community Reception & Party: 3:30–6:00 PM

Sandia View Family Dental
701 Broadmoor Blvd NE
Rio Rancho, NM 87124

We are working on getting a fun food truck to serve our guests. We'll have door prizes, raffles, and tons of family-friendly fun!

We are so grateful to have you as part of our journey and hope to see your smiling face at the party. Thank you for being part of our dental family!



Fluoride Facts, Not Fear: What You Should Know



Lately, there's been a lot of buzz—and confusion—about fluoride in public water systems. Public figures have made statements suggesting that fluoride is unsafe. However, these claims are not supported by the overwhelming body of scientific research or the official stance of trusted health organizations.

The American Dental Association (ADA), along with the CDC and World Health Organization, continues to support community water fluoridation as a safe, effective, and affordable way to help prevent tooth decay. In fact, studies show that fluoride in drinking water can reduce cavities in children and adults by about 25%.

Fluoride is a naturally occurring mineral that works by strengthening tooth enamel and helping to rebuild weakened areas. The levels used in public water systems are carefully regulated and have been used safely for over 75 years.

At Sandia View Family Dental, we believe in staying informed and grounded in science. If you ever have questions or concerns about fluoride or any other dental topic, we're always here to help guide you with care and clarity.

Staff Spotlight: *Alana Williamson, Dental Hygienist*



Alana joined our team at Wondra Dental Care (now Sandia View Family Dental!) in early 2017 and has been a friendly and familiar face ever since. Patients love her for her warm personality, gentle touch, and the genuine care she brings to every visit.

A proud New Mexico native, Alana received her Bachelor of Science degree from the University of New Mexico in 2015. During her time at UNM, she was recognized for her academic excellence and dedication to the field of dental hygiene—earning the prestigious Dr. Vere Lane Scholarship and receiving the American Dental Hygienist Association award for best overall table clinic presentation.

Outside the office, Alana is all about family. She's a proud grandma and absolutely lights up when she talks about her grandchildren. In her spare time, she enjoys camping and exploring the great outdoors with her loved ones. Whether she's hiking a scenic trail or relaxing around a campfire, she finds joy in the simple pleasures of life in New Mexico.

We're so lucky to have Alana on our team—her kind spirit and commitment to patient care make her an essential part of the Sandia View Family Dental family!

CHECK OUT OUR *New Look!*

